

Please Mark Your Calendars

Leadership Event

Jan. 15th

CCUM

See inside for more info

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YOUTH YARD SALE

January 22 - 8:00 AM

.....

Christ Church

Concert

January 23, 11:45AM

.....

All Church Work Day

Jan. 29th - 8:00 AM

.....

SUNDAY FUNDAY

POTLUCK

"Souper Sunday"

Jan. 30th

11:45 AM

.....

Bring canned food to Church!

Foodbank Sunday

Last Sunday of each month!

Jan. 30th

.....

The next *Channel* deadline will be
THURSDAY, February 3, at 12:00 p.m.

Please e-mail your articles to:

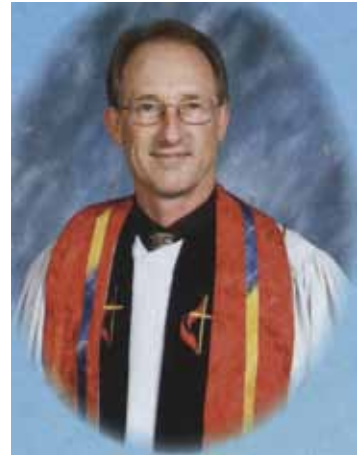
Valerie@christchurchumtucson.org

The *Channel* is available online!

Should you wish to save the church
some money and also save paper, please
e-mail Valerie to receive the *Channel* via
e-mail.

Pastor's Pen

The events of Saturday here in Tucson changed the direction and content of this my first Pastor's Pen for 2011. Throughout my life I have heard of events like this: at Columbine High School, Virginia Tech, at the Military base in San Antonio and other places around the country and the world. These incidents were always far away without any direct connection to my life or the lives of those I knew. In this case, it is far different. Some of those who were shot are former members of our church and current friends of members of our church. Some of those who died were friends of our members. We have members who worked with Gabriel Giffords on her staff. This senseless act of evil has touched close to home for all of us and closer for others.



I resent events like this being called "tragedies". In my mind they are "senseless" and they are "evil". The effects to body and mind go on for years and years and we are always in danger of letting such evil events define our lives from here on out. Events like this can imprison us and define us if we let them. We can let our lives be defined by them rather than by our God given calling and purpose in life.

Such events are never to be taken lightly. We can and some do, in my opinion spring to forgiveness too soon. Time must pass and the enormity of the pain and loss must be assessed before we move on through by the power of the Holy Spirit—God's Comforter who is sent alongside us to help us walk through such times of trouble and pain. But forgiveness must come, or "evil", rather than "good" and God will define us from this point on out.

Our calling and purpose as believers in Christ is to be instruments of God's grace and peace. In this case we are called to pray for the families and friends of the deceased. We are called to pray for those who were shot and are recovering from their injuries. And Jesus instructed us to pray even for our enemies even the one who perpetuated this evil attack. This is hard to do and the wisdom of it is elusive. But I will address it in my upcoming sermons on January 23rd and 30th on "Forgiveness". (This Sunday, January 16th we will have our Missionary Beth Ferrell speaking for United Methodist Women's Sunday.)

Our calling and purpose in this time is to minister to those who have lost a loved one, or who has someone still in the hospital. It is time to listen, simply listen, to those who grieve and seek to understand something that is this senseless. It is time to seek and find and practice our God given calling and purpose and be defined by God and not by evil.

I will see you during the week or on Sunday as we gather to worship God and comfort one another with the comfort we have received.

In Christ's love and service

Pastor Fred

2 Corinthians 1:3-4 "Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort; who comforts us in all our affliction so that we may be able to comfort those who are in any affliction with the comfort with which we are comforted by God."

YOUTH YARD SALE



Bring your donated items to church
now!!!!

Ask in the office for the storage unit key.
or items can be dropped off in Fellowship
Hall starting January 19th - 21st.

**Sale starts January 22nd
8:00AM**

For more info, please contact Tonya @
ccumyf9@yahoo.com or 327-1116.

Youth Trip - Saturday Jan 15 - Castles N Coaster & Rage Christian Music Festival
10am - 11pm (up and back same day) meet in parking lot at 9:30am
Costs: Castles N Coasters Ticket cost \$20 (includes dinner - choice of Hamburger; hot dog, pizza meal)
Concert Ticket \$28 (total for both \$43 - scholarships available)
bring Money for Food or bagged Lunch
Key Bands: Thousandfoot Krutch and Disciple

All Church - if you would like to attend the Castles N Coasters discounted ticket trip and/or Christian Music Festival let Tonya Jones, Youth minister know 730-3170

Do you Like to Cook? The youth group is made up of a lot of new families and youth attending without their parents, we need some church member who are willing to cook a meal for around 20 on a Sunday night 5:30. Please contact Tonya Jones, Youth Minister if you are able to serve in this way.

Dream On "The Revolve Tour" for teen girls. This is the same event is sponsored by Women of Faith. We need some members willing to sponsor a youth girl to attend this event. Donation Cost is \$65 we have a large number of families who need scholarship to attend this special and deeply spiritual events. Please contact Tonya Jones if you would like to minister to a youth in this way.



South District Leadership Event Coming - January 15, 2011 Christ Church United Methodist, 8:30 a.m. - 2:00 p.m. - Cost \$8.00 (snacks, drinks and lunch) The South District will once again hold it's annual Leadership Event offering 7 workshops on various topics for the Leadership of our South District local churches. The workshops will include: Staff Parish Committee Issues and Responsibilities, Finance and Trustee issues and responsibilities, Christian Education ideas for growth, Older Adult ministry options, More info in Sunday's bulletin or call the church office (327-1116).

Tending the Soul 2011

Tending the Soul is a one-day experiential training designed to help lay and clergy persons better bring spiritual growth to the work of their churches. "Tending the Soul: Discovering and Sharing Our God Stories" will take place on February 12, 2011 in Henderson, Nevada at Green Valley UMC and February 26, 2011 in Casa Grande, Arizona at the UMC of Casa Grande. Rev. Kwasi Kena, Director of Evangelism Ministries for the General Board of Discipleship, will lead both events. Both events will take place from 9:00 a.m.-4:00 p.m. The cost will be \$35.00 per person. Further information, including a brochure and online registration links, is available at:
<http://desertsouthwestconference.org/tendingthesoul>

MINGUS COOKBOOKS ON SALE NOW

A Taste of Mingus: Recipes & Stories from Mingus Mountain Camp is en route to Arizona!

Our website is up and running at <http://www.minguspress.com/>. Please go online to this website, check out the sample pages, look around the site, and then share the link with anyone who might be interested! Books can be ordered via a downloadable form that can be mailed to an address given on the order page of the website.



PROJECT HOSPITALITY 2011

This is our 21st year to host overnight guests as part of Project Hospitality, a community outreach program sponsored by the Interfaith Coalition for the Homeless. We have registered 12 men as our guests. The Salvation Army does the screening and assigns the guets at their Hospitality House. Our first week begins on January 23 and the second week on February 6.

Needed:

- Volunteers to be van drivers, cooks and overnight hosts.
 - Men's clothing (warm jackets, jeans and walking shoes, etc.)
 - Basic food items and toiletries (please check the sign up poster).
- The P.H. sign-up poster and the P.H. donation boxes are in Fellowship Hall

Thanks for your Help!

Questions? call Delores Flanders 326-9006



Rev. Ernie Fritschle

New Years Resolutions are easy to make and hard to keep. So---how many have you broken already? Here is a good resolution that is not too hard to keep but is very good for your health. It comes from the Johns Hopkins Newsletter. Here is what they say.

“Blueberries. Blackberries. Raspberries. Strawberries. Recent studies have confirmed the antioxidant effects of berries on various health conditions.”

“Cardiovascular health. Eating berries can improve platelet function, blood pressure, and high-density lipoprotein (HDL, or “good”) cholesterol levels, according to a Finnish study published in the American Journal of Clinical Nutrition. “

“Cancer risk. Preliminary studies also demonstrate that the phytochemicals in berries may prevent precancerous gastrointestinal conditions from progressing to cancer. Research at the Ohio State University Comprehensive Cancer Center has found that consuming black raspberries (darker versions of the more typical, red raspberries) may protect against esophageal cancer in people with the precursor condition, Barrett’s esophagus. Research is currently under way to determine whether black raspberries can also prevent colon polyps from developing into colon cancer.”

“Black raspberries have high concentrations of anthocyanins and other antioxidants that are believed to have cancer-fighting properties.”

Let us eat our berries this year and see if our health is improved.

This is my last article as we will be moving the end of the month. Jackie needs more care than I can give her. It is with sadness that we leave. You have been wonderful to us. As a Traveling Elder my membership is in the California/Pacific Annual Conference but my heart in Christ Church United Methodist. You are special to us. May God bless you all.

Try our Saturday
afternoon
services
with
Pastor Ernie Fritschle!
4:00 PM
in the Chapel

Lenten/Easter
Grief Group
starts
March 2nd
9:30AM
Room 17
9 week session

January/February Birthdays

January 1st

Judy Obert

Kaya West

Gentile Mujambere

January 2nd

Keith Benham

Frank Wiley

January 3rd

Linda Ellis

Naomi Shirey

David West

January 4th

Claude Lloyd

January 5th

Rachel Rogers

Amanda Weaghtington

Patricia Spoonamore

January 6th

Michele Tuckek

January 7th

Benjamin Aaberg

Michael LePage

January 8th

Antje Murray

January 10th

Meg O'Neill

Linda Jones

January 11th

Jacalyn Steele

Deanna Luzanilla

January 16th

Nic Fifer

Quinn Washburn

January 17th

Timothy Gurley

January 19th

Donna Walker

Rebecca Brodhagen

Lacie Anderson

January 20th

Sergio Blacutt

Lee Eggiman

January 21st

Valarie Fowler

Kris Kaufenburger

Charlie Prokopp

Buddy McIntyre

Thelma Sutton

LeAnn Swinehart

C.J. Washburn

January 22nd

Lisa Lear

January 23rd

Christine Washburn

Helen Gilbert

Lorene Sparks

Lora Wineinger

STEPHEN MINISTERS IN ACTION

Think of a Stephen Minister as a “comforter” – a person who makes us feel better after we have suffered. A Stephen Minister is “one called alongside to help” – a person who walks along side one in crisis who listens, encourages and helps the one in crisis walk at their own pace. A Stephen Minister shows up, is reliable and prays with you. Do you need a Stephen Minister? Talk to Pastor Fred or one of the leaders: Kaye Jay, Lorene Sparks or Gretchen Lofgren.



A special thank you to Mary Williams, and Deanna Luzanilla. They organized all the Angel Tree gifts as they came in and had room 15 setup for parents to wrap the presents they received from the congregation.



**Sunday
January 23rd
11:45AM**

Breanna Bernarducci, soprano,
and Anthony Bernarducci,
piano

THANK YOU TO BARBARA SAWYER, WHO HAS SHOPPED ALL YEAR FOR ALL THE CHILDREN AT CCUM. MANY HAPPY FACES ON CHRISTMAS DAY FROM BOTH CHILDREN AND PARENTS. THANK YOU BARBARA! YOU TRULY ARE AN ANGEL!!!!!!!

Dear Friends of Christ Church,
Thank you all for prayers, support and lovely get well cards. I do appreciate it alot! “People Caring for People” God Bless you all. I’m on the mend from my recent fall. Shalom, Helen



ALL CHURCH WORK DAY

Saturday, January 29th

**Pancake Breakfast
8:00AM**

**Be a part!
Everyone welcome to come and help!**

Please include in your personal prayer time, prayers for the Laity and Pastors of the following churches:

- San Pedro Valley UMC, Benson
- First UMC of Bisbee
- Trinity UMC, Bisbee

We kindly ask for your prayers for the following military personnel and their families:

- Arnold Cuellar, Martin Actor, Matthew Marchesseault, Timothy Ashcraft,
- Rev. Brian Osborn and Andrew Washburn in Afghanistan,
- Mike Finch in Qatar,
- Paul Smith – in Iraq
- All military personnel worldwide



**SUNDAY FUNDAY
Potluck**

**Join us for a SOUPER Sunday of Fun!
Children’s Ministries will provide the
main dish --- a variety of soups!
Sunday, January 30th - 11:45 AM
You provided the sides and desserts.
EVERYONE IS WELCOME.**

We’ll have football and other games available.

**Room 14
Older Adult Ministries presents:
Nancy Williams, guest speaker
“End of Life”**

**Medical Decision Making
Advanced Directives
Health Care
Hospice
First steps to take when loved one dies!**

Human Relations Day - January 16, 2011

Purpose

This Sunday occurs during Epiphany, the season of manifesting God's light to the world. Human Relations Day calls the Church to recognize the right of all God's children in realizing their potential as human beings in relationship with each other. The purpose of the day is to further the development of better human relations. (Par. 263.1, The Book of Discipline 2008)

History

The 1972 General Conference established Human Relations Day to promote support for Community Developers, United Methodist Voluntary Services and Police-Community Relations programs. Begun in 1968, the three programs had received support from the churchwide Bishop's Fund for Reconciliation. In 1989, the Youth Offender Rehabilitation Program replaced the Police-Community Relations Program to respond to the growing population of youth offenders and their need for creative redirection.

Your generous contributions support:

- Community Developers Program, related to the General Board of Global Ministries (GBGM)— Lives have been turned around, communities revitalized, and the gospel proclaimed! This is the legacy of the Community Developers Program.
- United Methodist Voluntary Services, GBGM— Through the United Methodist Voluntary Service, Global Ministries seeks to be in supportive relationship with community organizations that work through volunteers to challenge oppression and injustice and to improve the lives and fulfill the potential of those whom Jesus called the "least of these."
- Youth Offender Rehabilitation Program, affiliated with the General Board of Church and Society—Christ-centered projects give teenagers a chance to succeed.

HELPING HANDS

Meeting times for 2011

January 19
February 16
March 16
April 20
May 18
June 15
July 20
August 17
September 21
October 19
November 16
December 21

THE NEW YEAR 2011

by Ardith Powell

The New Year is upon us
I pray you all do well.
If we all practised kindness
We would shine with sunny smiles.
If we lended hands and took a stand
Peace would fill our land.
If troubles beset us
Our Lord would see us through.
Our hearts would be a brilliant hue.
If justice were paramount
and caring a way of life
We would rise and surmount
all the worldly strife.
Then hand in hand we will be
Assured and honestly free.

WE ARE ON FACEBOOK!
Search for us at

Christ Church United Methodist - Tucson

January 24th

Louise Entwistle

January 26th

Michael Cannon

January 27th

Brittany Carter

January 28th

Jay Love

January 29th

Loretta Shiminiok

James Walker

Rachel Jiminez

Phylis Carnahan

January 30th

Kenny Veverka

Edwin Yusko

Don Waugaman

January 31st

Javon Thompson

LaMonte Hunley

Marilyn Coates

February 1st

Becky Gooding

David Hendricks

February 2nd

Dee De Baum

Jessica Peraza

February 3rd

John DeWitt

Joanne Nonweiler

Denis Mujambere

February 5th

Logan Mauney

February 6th

Billy Eader

February 7th

Mark Jones

February 8th

Isabella Barton

John Neve

February 9th

Joan Jervis

February 10th

Bill Rutherford

February 11th

Angelise Jones

February 12th

Sharon Polk

February 13th

Edward Davies

Donald Cuffe

Peggy Pfordte

Peter Daniels

February 14

Jim Ridge

Craig Munyon

February 15th

Ron Baldwin

Wednesday Night Bible Study

Dinner - starts @ 5:45PM
Awesome Study Groups
Youth Band
Children's Choir

Come check us out on Wednesday nights.
Lots of fun, fellowship, music and study!

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FRIENDSHIP GROUP

Our new 2011 schedule got off to a good start with Marci Hill giving the program on CCUM's Children's Ministry.

Next up is an eat-out on Saturday, January 29 at 11 a.m. at the Triple T Truckstop. Great food, reasonable price and wonderful conversation with friends. This restaurant is at I-10 and Craycroft. Please make reservations with Acel (326-5064) by January 26. If you've never eaten here, don't pass up this opportunity. Also, they're famous for their delicious apple pie a la mode! Share one with a friend - they're BIG!

Our next potluck in the Social Hall is on Tuesday, February 8, at 12 noon. Also bring items for the Food Bank. Acel Scott will do the program on "America the Beautiful."

Coming up on February 24 is a breakfast at Mimi's (Broadway and Wilmot)) at 9 a.m. Make reservations with Acel by February 20.

If you have not received a new schedule for 2011 please call Acel. Our schedule is made up Through August 20. Hope you have marked your calendars for our full schedule. We'll miss you if you fail to attend.

We love to meet new people. EVERYONE is invited to join us. Age is NOT a requirement.

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Happy New Year!!! Does the holiday season seem like it was a long time ago or is it just me? As I write this article New Year's Day was less than a week ago--hardly seems possible. Enough of that chatter, I suggest we **Rise and Shine** and **Let's Get Moving**. The words that I wrote in bold print are sermon titles I saw when passing two churches in San Diego---both United Methodist churches. I thought them both appropriate as it was the day before the new year was to begin. The first title, Rise and Shine, immediately brought to mind the camp song with the same title. Do you remember singing it? The chorus goes, Rise and shine and give God that glory glory!! "Just what we need to do, give God that glory glory--He gave us a baby. A baby who would give us, Christians, a guide on how to live, to be in relationship with each other, to love all humans and animals, to help achieve peace within ourselves, with our neighbors all over the world; the list goes on and on. To me the second title fits in too ---Let's Get Moving!!!! we've a job to do. I believe it is our job to carry out the work Jesus has asked us to do---He did set down the guidelines. I am pretty sure you know them as well as I do-----sooooo---let's rise and shine and give the glory where it needs to be given and let's get moving with the work we are called to do.

My thanks to all the chairpersons, secretaries of committees and faithful members of committees for a job well done. I will take this opportunity to welcome all the new chairpersons and committee members. I am here for you, if there is anything I can help you with, please feel free to ask. I will try my best to help you! Our church is an active one. We are lucky to have two huge mission outreach programs happening every weekday--the Preschool/Parents Day Out programs and the Community Food Bank. There are many events, classes, and activities that fill the calendar every week. A job for you---please pray for this church, the paid staff, the volunteers, every chairperson, every committee member, every member and friend of our congregation, it's a big job for sure. Let's rise and shine and get moving!!!!!!

I remember something I promised you in my first article for the year 2010 (good for someone my age ugh?). I asked each one of us to pick a favorite Bible verse and keep reading, saying and thinking about that verse for the year. In this article I am suppose to tell you what verse I chose. It is Galatians 5, verses 22 and 23. My hope for you is that you will pick another verse for this year and do the same thing---read, say, think and apply it to your daily living.

Our work is set for us, again, let's rise and shine and get moving!!!
Peace to each one o you,
Sue Gemoets

AFTER 10 DAYS RETURN TO:

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UNITED METHODIST**

**655 N CRAYCROFT RD
TUCSON, AZ 85711**

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www.christchurchumtucson.org



**PLEASE MARK YOUR CALENDARS FOR ALL OF NEXT YEAR!!
2nd Wednesday is meeting @ 10 a.m. in Social Hall with
program to follow & lunch about 11:30. Please come join us
for any part. 4th Wednesday of every month is circle meetings
with smaller groups @ 9:30 at members homes. We also meet
thru the summer on the 4th Wednesday @ a local restaurant
for either lunch or breakfast. PLEASE PUT THESE DATES ON
NOW SO YOU DON'T MAKE OTHER APPOINTMENTS & MISS
OUR FELLOWSHIP TIME!**

**IF YOU NEED A RIDE, CALL DORIS RUSSELL, & SHE WILL MAKE ARRANGEMENTS FOR
SOMEONE TO PICK YOU UP.**

UMW Sunday is Jan. 16- call me if you have not signed up to help. Doris Russell, 721-4411

**Jan. meeting is Jan. 12 @ 10 a.m. in Social Hall with Beth Ferrell, our missionary speaking.
She will also be using the sermon time on Jan. 16 for UMW Sunday. She has many
interesting stories. HOPE TO SEE YOU THERE!**

**Jan. circle meetings will be the 26th @ 9:30a.m. Check with your circle leader as to
location. Doris Russell or Marilyn Christian. We have changed some people to even out
the circles so your leader will know if you have changed.**

**Our SILENT AUCTION, HAM DINNER & ELEGANTE JUNQUE SALE IS COMING UP MAR
20. PLEASE LEAVE ANY ITEMS IN CHURCH OFFICE OR CALL ME FOR PICK UP. GREAT
TIME TO CLEAN & DONATE. DORIS RUSSELL 721-4411**